

User Friendly



**November/December
2001**

**November 8 at 7:30 p.m.
Election of Officers
and
Rollin White Presents
Junk Spy**

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User Friendly

*a publication for members of the Palmia
Computer Club & the Palmia Community.*

**Published monthly, January through
June, September and October.
Combined issues are published July/
August and November/December.**

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From the Boardroom

by Barry Robbins

I was shopping the other day at COSTCO, and my cart headed directly to the software section as it always does. You would think they would fix those carts. As I was browsing, I came across FREE Software. Well, it wasn't exactly free, but almost free. Almost every month I have indicated how important it is to have anti-virus software. I noticed that McAfee has its VirsusScan software bundled with QuickClean for \$39.99. I felt this was a pretty good buy, and then I looked at the box and noticed that it came with a \$40.00 rebate. As near as I could figure, they wanted to pay me 1¢ to purchase their software. Not a bad deal. The actual cost of course is the sales tax on \$39.99 plus a 34¢ stamp to mail in for the rebate. The QuickClean software is a bonus. It cleans out Internet clutter, removes junk files and improves your system performance. If you have been procrastinating on getting anti-virus software, you have run out of excuses. Get out of your easy chair and get this software for your computer.

At our October Computer Club meeting we had a presentation from Oscar Galis of 2COOLPC. Oscar told us about the problems that heat can cause to our computer. He indicated that in most cases, when you get the "blue screen of death" indicating that your computer performed an illegal operation, the cause was overheating of components in you computer. He

then demonstrated how the 2COOLPC device reduced the running temperature of the components, especially the video card which is generally the culprit of most problems. For those of you that were not there and would like more information on 2COOLPC or would like to purchase a unit, you can get more information at <www.2coolpc.com/jefflevy>. This will put you on their website and also give you a discount. It took me less than 3 minutes to install the device; you can barely hear it running, and I immediately noticed that the computer booted faster and brought up programs faster. This is a GREAT product, and I would encourage you to consider purchasing it for your computer.

I was quite disappointed at the turnout at the last meeting. We have over 200 members and less than 40 people turned out for the meeting. The board and I need your help. We are not sure exactly what type of programming you would like to see at our meetings. I have heard people say the presentations are too advanced, and others have said they are too basic. Please let us know what type of programming you would like to see at the meetings? This is your club and we need your input. Please feel free to email me at <drdisk4@home.com> or phone me at 699-0572 and let me know how we can improve our meeting so that more people will attend.

It is that time of year when we elect new officers for the coming year. For the first time ever,

Review of askSam 4.0 - the Free-Form Database

by Art Green

Why am I doing this review? I have been involved in family research and genealogy for a number of years now, which is still ongoing. Along the way I have collected an enormous amount of raw data, such as birth, death, marriage and other related information. In addition, I have collected a number of text documents from various sources, such as newspapers and courts, as well as oral histories that I have translated. Herein was the beginning of my problem. How could I convert these data into some record form that could be easily understood by anyone, with the hope that someone else, such as my granddaughters, could continue to maintain and preserve our family history?

I looked around for a number of years for a product that would do all of the things mentioned above, without success. I finally discovered the askSam product at a recent APCUG Regional Meeting in San Diego. I then contacted the askSam User Group contact for an evaluation copy. This was the best thing that could have ever happened. The askSam 4.0 database program has proven to be all that I could have asked for and then some! Since using this product, I have been able to assemble all of my collected genealogy data in a report format that now makes sense and that are readily available to any and all future generations that will follow after me.

For the uninitiated, a brief explanation of a database is provided. A database is simply any aggregation or mixture of data or information. This data can be either structured or unstructured. A database stores and organizes information and has the ability to expand, update and facilitate the searching, sorting and manipulation of that data. As an example, you can create databases to keep track of your favorite record or CD collection, telephone numbers and addresses of friends and clients, etc.

Contrary to many beliefs however, you simply cannot manipulate collected data in a spreadsheet

application such as Lotus and Excel, as well as you can in a database application. What makes askSam so powerful is that it allows you to develop, search and organize structured or unstructured text or data in a number of logical ways. More importantly, there is a minimal learning curve involved in how to do this. AskSam is intuitive and very easy to learn. You don't have to be a programmer to use AskSam. AskSam was designed to make it easy to organize your information. It comes with a new search results window, new import filters that will allow you to bring in practically any data or text from the most popular programs or applications. The wizards and templates available guide you step-by-step through creating



new databases, importing delimited files, and automatically recognizing fields. In addition to the explicit instructions contained in the "Getting Started" and "User's Guide" manuals provided, askSam also offers both a "Quick Tour" and tutorial as part of their package. A complete askSam "Reference Manual" is also included on the installation CD.

Installation of the program was simple, straightforward and uneventful. The documentation provided for doing so, was more than adequate for my Windows 2000 Pentium III system. Actually, any IBM compatible computer with at least a P90 processor is adequate. AskSam runs on Windows 95, 98, NT, ME and 2000 and requires a minimum of 12 MB hard disk space. I was able to become proficient with the majority of the program capabilities in about a week of leisurely access and learning. I am continually learning how to exercise some shortcuts in performing certain manipulations, and the askSam website is an excellent source for tip and hints on how to do things better. Technical support for the product is also available by phone or through their website at askSam.com. I have yet had to exercise either of these options, since I have been able to get answers to all of my questions from the printed manuals or

Updating Windows/Software

By Barry Robbins

Part 1 - Updating Windows

What is the difference between Upgrade and Update? Upgrade is taking your current software and replacing it with a newer release of the software. Updating is simply keeping your current software up to date with the latest changes.

The most significant difference between the two is cost. Many times, updating software is free. Simply download the latest patches, and you're ready to go. Upgrading may be expensive, but doing so allows you to have the most up-to-date features and abilities that the software has to offer.

Part 2 - Updating Windows

So how do you choose whether to update or upgrade your software? Ask yourself the following questions:

- 1) Does my current software do everything I need it to do?
- 2) Does my current software do everything I want it to do?
- 3) Will all my current applications and utilities work with the Upgrade?
- 4) Is the total cost worth the increase in features? (Upgrade, Time, Application updates, etc.)
- 5) Would I really use the new features?

If you answered "No" to a majority of the questions, then consider updating your current software. Otherwise, it may be time to upgrade. And whether you're upgrading and/or updating, consider the possibility of downtime, technical difficulties, and compatibility issues.

Part 3 - Upgrading Multiple Software Packages

If you're like me, then you probably have multiple applications on your PC made by several third party vendors, such as Symantec, Lotus, Micro Prose, and more. Each one of these applications, games, utilities, etc., makes unique changes to your system, changes applicable only to that one piece of software.

Although software can share resources and some processes, many times the software you install will place its own needs into the Windows

OS. Because of this, it is important that if you decide to upgrade software, you upgrade one piece of software at a time. For example, let's say that you get a new version of Norton Utilities and an upgrade to Lotus Notes. You should NOT, repeat NOT, perform both updates at the same time. Run one of the updates/upgrades first, complete the cycle and reboot. Once you're sure that your system still operates, then install the second upgrade. This step-install helps in diagnosis when problems arise, because you are dealing with a single update instead of two or more.

Upgrading Windows: Clean Install

If and when you decide to upgrade your Windows operating system, there is another option of which you should be aware. Normally when you're upgrading, you probably just insert the new CD and run it. Windows will then change files, alter the registry and make many other changes. This is all well and good, but if you have a PC that has been acting flaky, the last thing you need is an upgrade to the next Windows OS, which will result in even flakier problems.

In this last instance, I always recommend what is known as a Clean or Virgin Installation. This entails completely removing everything from your hard drives, installing the new version of Windows, and then reinstalling applications within the new OS. (Note: This procedure is not for the inexperienced or novice user. If you are uncomfortable with this, consult a professional.)

To perform a Clean install, you MUST back up everything. First, create an Emergency Boot floppy disk. After you do so, boot from the floppy disk. Make sure you can access and read your CD or DVD drive with the new Windows version. At the DOS prompt (it looks like this C>), type Format C:/u. The /u means "unconditional" and removes everything. This procedure will completely erase your hard drive. After formatting is complete (this may take a while depending upon the size of your hard drive), install the new Windows OS. When done, reinstall all of your applications and copy all data files to wherever you want them. □

Giving vs Taking

Adapted from an article by Don Singleton, Director, APCUG

Membership in the Palmia Computer Club offers a wonderful opportunity to learn more about computers. With practically no effort on your part, other than attending a meeting, you can sit and watch a very good program, presented by a knowledgeable speaker, and frequently you also get an opportunity to participate in a raffle or door prize drawing where you have a chance to win money prizes or sometimes a nice program for your computer. Even if you don't want to come to meetings, membership gets you a copy of the monthly User Friendly newsletter, which contains information about upcoming meeting programs, some of which you may decide you want to attend. It also contains technical articles, reviews, and other news to read at your leisure.

But your local User Group also offers an opportunity to get a lot more out of your membership than you can possibly get by being passive. It offers the opportunity for you to become active participants and give something of yourself (time, effort, knowledge, etc.) to benefit others. The inner satisfaction and rewards one gets from helping others are truly amazing.

People frequently point to the 80/20 rule, which is found in many aspects of life; for example, 20% of the people in an organization will do 80% of the work, while the remaining 80% of the people collectively do 20% of the work. Well, there is a further application of the 80/20 rule: the active 20% doing the work, are getting 80% of the pleasure out of the club, and the passive 80% get only 20% of the pleasure.

I encourage **you** to think about this for just a few minutes. Is there something that you could do

to help others, so that you can see whether or not I am right? You will certainly see that the returns from investing that effort to help others far outweigh the investment. Can you give just a little bit of your time, doing whatever you do best? Perhaps that is:

Making a few phone calls to try to arrange something we need (speakers for a the Club, a meeting place for a SIG, advertising for the newsletter, etc.).

Trying out a new computer program, and then writing a review of it for the newsletter, sharing what you liked and did not like about the program, so that other members can benefit from your experiences.

Spending a little time on a one-on-one basis with a new member who just got a computer, or who just got a new program for his computer,

and who is completely lost trying to **figure** out how to make it work.

Donating some of your time to help church workers, or workers in some charitable organization, who are having trouble getting the most out of their computers.

Spending a few hours sitting in a booth at a computer show, telling people that stop by the booth what your local User Group has to offer.

Presenting a program to your Club, or to another user group in town.

Speaking to a class in the public school system, telling them how computers are used in real life, possibly sparking the interest that encourages them to work harder to learn how to use computers, or speaking to a group of school teachers, teaching them things they don't know about computers, to better enable them to teach their students. □

. . . the active 20% doing the work, are getting 80% of the pleasure out of the club, and the passive 80% get only 20% of the pleasure.

Searching For Keywords In The IE Address Bar

Although Microsoft Internet Explorer has an excellent built-in Search Assistant, you don't necessarily need all that power. Suppose all you want to do is get some information about dogs. Just click

in the IE Address Bar and type "? dogs." This will open MSN Search and provide you with a list of dog sites. □

A POEM FOR COMPUTER USERS OVER 40

Contributed by Joe Lebovitz

A computer was something on TV
From a science fiction show of note
A window was something you hated to clean
And ram was the father of a goat.

Meg was the name of my girlfriend
And gig was a job for the nights
Now they all mean different things
And that really mega bytes.

An application was for employment
A program was a TV show
A cursor used profanity
A keyboard was a piano.

Memory was something that you lost with age
A CD was a bank account
And if you had a 3-in. floppy
You hoped nobody found out.

Compress was something you did to the garbage
Not something you did to a file
And if you unzipped anything in public
You'd be in jail for a while.

Log on was adding wood to the fire
Hard drive was a long trip on the road
A mouse pad was where a mouse lived
And a backup happened to your commode.

Cut you did with a pocket knife
Paste you did with glue
A web was a spider's home
And a virus was the flu.

I guess I'll stick to my pad and paper
And the memory in my head
I hear nobody's been killed in a computer crash
But when it happens they
wish they were dead

Boardroom Continued from page 2

we will have more than one candidate for Palmia Computer Club President. Both Doug Harley and Don Yenché have been nominated for the office of PCC President. The other nominees for office are Richard Jenkins for Vice President, Bill Reinholtz for Secretary and Ralph Lazar for Treasurer. Additional nominations will be taken from the floor at our November meeting. Please be sure to attend and show your support for the new officers-elect for 2002.

Please note that due to the holidays, our November and December meetings are on the 2nd Thursday instead of the 4th Thursday. Our November meeting will take place on November 9th and the December meeting will be held on December 13th. The November meeting will feature Mr. Rollin White from Junk Spy. He will be talking about a software program that will help monitor the junk e-mail that we all receive. In December we will have our annual social where we will receive refreshments and give away some door prizes. In January we will have an "Ask the Expert" panel consisting of Jerry Moore, Doug Harley and Herb Sax. They will be there to answer questions you may have about your PC. If you are having a particular problem, please email us at <palmia@palmia.org> with your question so that the panel can research it and have a good answer for you. All meetings start promptly at 7:30 PM. Please mark your calendars and be sure to attend. □

Keep Your Computer Healthy

Your hard disk can accumulate lost data fragments, bad sectors, and other disk troubles over a short time. Give your disk a regular checkup by running the ScanDisk Standard Inspection once a week to correct these glitches before they become major problems.

Go to Start, then Programs, then Accessories, and finally, System Tools. Click on ScanDisk. Click to highlight your C Drive and click OK. Sometimes you should select Thorough Inspection to look for physical defects on the surface of your drive. □

Don't Feel Stupid About Using Your Computer

Submitted by Eva Schmidler

This is an excerpt from a Wall Street Journal article:

1. Compaq is considering changing the command "Press Any Key" to "Press Return Key" because of the flood of calls asking where the Any Key is.

2. AST technical support had a caller complaining that her mouse was hard to control with the dust cover on. The cover turned out to be the plastic bag the mouse was packaged in.

3. Another AST customer was asked to send a copy of her defective diskettes. A few days later a letter arrived from the customer along with photocopies of the floppies.

4. Another Dell customer called to say he couldn't get his computer to fax anything. After 40 minutes of troubleshooting, the technician discovered the man was trying to fax a piece of paper by holding it in front of the monitor screen and hitting the "send" key.

5. A Dell technician received a call from a customer who was enraged because his computer had told him he was "bad and an invalid." The tech explained that the computer's "bad command" and "invalid" responses shouldn't be taken personally.

6. A confused caller to IBM was having troubles printing documents. He told the technician that the computer had said it "couldn't find printer." The user had also tried turning the computer screen to face the printer but that his computer still couldn't "see" the printer.

7. An exasperated caller to Dell Computer Tech Support couldn't get her new Dell Computer to turn on. After ensuring the computer was plugged in, the technician asked her what happened when she pushed the power button. Her response, "I pushed and pushed on this foot pedal and nothing happens." The "foot pedal" turned out to be the mouse.

8. Another customer called Compaq tech support to say her brand-new computer wouldn't work. She said she unpacked the unit, plugged it in and sat there for 20 minutes waiting for some-

thing to happen. When asked what happened when she pressed the power switch, she asked "What power switch?"

9. Another IBM customer had troubles installing software and rang for support. "I put in the first disk, and that was OK. It said to put in the second disk, and I had some problems with the disk. When it said to put in the third disk, I couldn't even fit it in..." The user hadn't realized that "Insert Disk 2" meant to remove Disk 1 first.

10. In a similar incident, a customer had followed the instructions for installing software. The instructions said to remove the disk from its cover and insert into the drive. The user had physically removed the casing of the disk and wondered why there were problems.

11. True story from a Novell NetWare Sysop: Caller: "Hello, is this Tech Support?" Tech: "Yes, it is. How may I help you?" Caller: "The cup holder on my PC is broken and I am within my warranty period. How do I go about getting that fixed?" Tech: "I'm sorry, but did you say a cup holder?" Caller: "Yes, it's attached to the front of my computer." Tech: "Please excuse me. If I seem a bit stumped, it's because I am. Did you receive this as part of a promotional at a trade show? How did you get this cup holder? Does it have any trademark on it?" Caller: "It came with my computer. I don't know anything about a promotion. It just has '4X' on it." At this point, the Tech Rep had to mute the caller because he couldn't stand it. He was laughing too hard. The caller had been using the load drawer of the CD-ROM drive as a cup holder and snapped it off the drive.

12. A woman called the Canon help desk with a problem with her printer. The tech asked her if she was running it under "Windows." The woman responded, "No, my desk is next to the door. But that is a good point. The man sitting in the cubicle next to me is under a window and his printer is working fine."

13. Tech Support: "O.K. Bob, let's press the control and escape keys at the same time. That brings up a task list in the middle of the screen. Now type the letter 'P' to bring up the Program Manager." Customer: "I don't have a 'P'." Tech: "On your keyboard, Bob." Customer: "What do you mean?" Tech: "'P' on your keyboard, Bob." Customer: "I'm not going to do that!" Now don't you feel better about your skill level? □

Answers to Questions

by Jerry Moore

THE QUESTION

A computer club member wrote:

“Often articles arriving on the internet are loaded with larger than “>” signs at the beginning of every line. Removing them one at a time is a tedious chore. Can they be deleted all at once? Also, the text is usually fragmented into a lot of short lines and unnecessary spaces. Are there short cuts to reformat the text?”

THE ANSWER

Global Search And Replace

The tool for addressing these issues is the Search and Replace function found within Microsoft Word and WordPad. For example, let’s assume that you receive an e-mail that looks like this:

```
From: "not hani" <not.hani@bocn.com> [Block Address] [Add to Address Book]
To: "Harry K. Robbins" <hkr44@home.com>
Subject: Re: CUTE SIGNS
Date: Sat, 15 Sep 2001 16:41:58 -0700

----- Original Message -----
From: <hkr44@home.com>
To: <Sent: Saturday, September 15, 2001 3:40 PM>
Subject: RE: CUTE SIGNS

>
> > > > CEREAL lossage, Honey:
> > > > "LADIES ARE REQUESTED NOT TO HAVE CHILDREN IN THE BAR."
> > > >
> > > > At a Budapest rest:
> > > > "PLEASE DO NOT FEED THE ANIMALS. IF YOU HAVE ANY SUITABLE
FOOD,
GIVE
> > > > IT TO
> > > > THE GUARD ON DUTY."
> > > >
> > > > Doctors office, Rome:
> > > > "SPECIALIST IN WOMEN AND OTHER DISEASES."
> > > >
> > > > Hotel, Annapolis:
> > > > "THE MANAGER HAS PERSONALLY PASSED ALL THE WATER SERVED
HERE."
> > > >
> > > > Information booklet about using a hotel air conditioner.
Japan:
> > > > "COOLER AND HEATER: IF YOU WANT JUST CONDITION OF WARM AIR
IN
YOUR
ROOM.
```

The first step you need to do is to place your mouse cursor at the starting point where you wish to copy and edit text. Now click the left mouse button and while holding it down drag the mouse until all the text you wish to copy is selected.

Now that the text is selected, hold down the Control key at the lower left hand corner of your keyboard and depress the “C” key. This will “copy” the selected text to your Windows Clipboard (a temporary holding place).

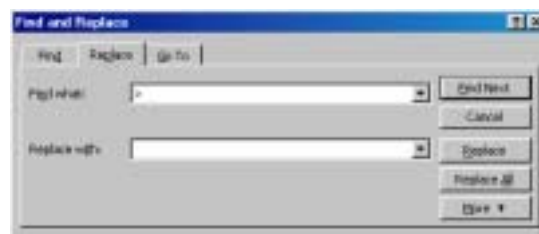
Now start up your word processing program,

Microsoft Word or WordPad, click your mouse cursor at the top of the blank page, hold down the Control key and depress the “V” key. This will “paste” the Windows Clipboard contents to your new word processing document.



Now comes the fun part. At the top menu bar in your word processing program, click on Edit and select Replace.

You will then see a dialog box come up that looks like this:



In the *Find what* window, type the larger than sign, >, leave the *Replace with* window blank and then click on *Replace All*. Your results should now look something like this:

```
Cereal lossage, Honey:
"LADIES ARE REQUESTED NOT TO HAVE CHILDREN IN THE BAR."

At a Budapest rest:
"PLEASE DO NOT FEED THE ANIMALS. IF YOU HAVE ANY SUITABLE
FOOD,
GIVE
IT TO
THE GUARD ON DUTY."

Doctors office, Rome:
"SPECIALIST IN WOMEN AND OTHER DISEASES."

Hotel, Annapolis:
"THE MANAGER HAS PERSONALLY PASSED ALL THE WATER SERVED
HERE."

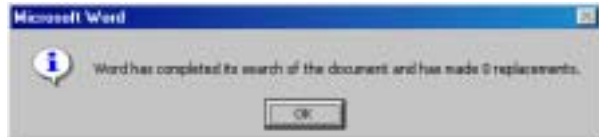
Information booklet about using a hotel air conditioner.
Japan:
"COOLER AND HEATER: IF YOU WANT JUST CONDITION OF WARM AIR
IN
YOUR
ROOM.
```

To fix the line breaks, you must use Microsoft Word; this function is not available in WordPad. Again select Edit-Replace from the menu bar, but this time enter ^p in the *Find what* window, click on the *Replace with* window, tap the space bar once and then click on *Replace All*. You may also want

Answers, Continued from page 8

to use this function to get rid of extra spaces. In the *Find what* window, enter two spaces, in the *Replace with* window enter one space and then click on *Replace All*. Keep clicking on *Replace All* until you see a dialog box that says 0 replacements made.

Once your selected text is formatted to your liking, click on Control-A to select all, Control-C to copy to the clipboard and then Control-V to paste the text into your final document.



Once you have completed all these steps, your final result should look like this:

Cocktail lounge, Norway: "LADIES ARE REQUESTED NOT TO HAVE CHILDREN IN THE BAR." At a Budapest zoo: "PLEASE DO NOT FEED THE ANIMALS. IF YOU HAVE ANY SUITABLE FOOD, GIVE IT TO THE GUARD ON DUTY." Doctors office, Rome: "SPECIALIST IN WOMEN AND OTHER DISEASES." Hotel, Acapulco: "THE MANAGER HAS PERSONALLY PASSED ALL THE WATER SERVED HERE." Information booklet about using a hotel air conditioner, Japan: "COOLES AND HEATES: IF YOU WANT JUST CONDITION OF WARM AIR IN YOUR ROOM

Make Screen Saver Reminders

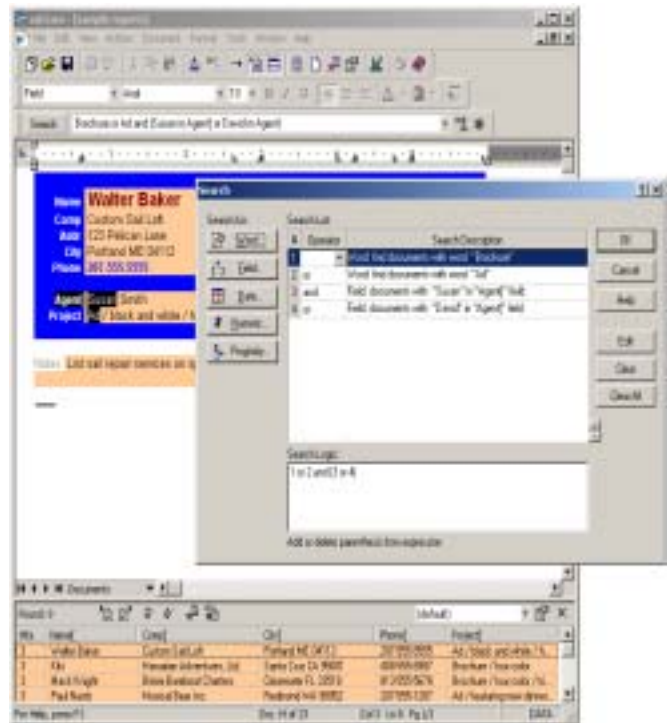
Windows gives you screen savers that let you add your own text! Right click on a clear area of your Desktop (above the Taskbar) to see a dropdown menu. Left click on Properties. Click on the Screen Saver tab. Click on the down arrow to the right of the Screen Saver name and select Scrolling Marquee or 3D Text from the list. Click on the Settings button. A new dialog box opens. Click in the Text box. Delete text in it with the Delete or Backspace keys and type your text. Click OK. Next, click on the Apply button and OK. When the screen saver starts, you'll be able to see your personal reminder.

Review Continued from page 3

from the help capabilities located on the installation CD.

AskSam offers an additional line of products that complements their askSam 4.0 free-form database flagship product at a reasonable cost. Since neither time nor space allows me to expand on these, I will ask you to visit their marvelous website to explore further the attributes of their "SurfSaver" and "Web Publisher" products. Of course one of the benefits of being a Club member entitles you to a special User Group pricing of both the askSam 4.0 and SurfSaver products at a tremendous savings. AskSam has also provided me with an earlier version of this famous software that will be offered as one of the door prizes, at our December meeting. Look for these specials in the next issue of our Club newsletter or visit our Club website at palmia.org.

The window you see here is an example of the instructional window displays this program employs. □



Preventing E-Mail Worm

Submitted by Herbert Sax



If a worm virus gets into your computer it heads straight for your email address book and sends itself to everyone in there, thus infecting all your friends and associates. This trick won't keep the virus from getting into your computer, but it

may stop it from using your address book to spread further, and it will alert you to the fact that the worm has gotten into your system.

Here's what to do. Open your address book and click on "new contact", just as you would do if you were adding a new friend to your list of email addresses. In the window where you would type your friend's first name, type in **!000** (that's an exclamation mark followed by 3 zeros). In the window below where it prompts you to enter the new email address, type in WormAlert. Then complete everything by clicking add, enter, ok, or whatever your email program wants you to click.

Now, here's what you've done and why it works. The "name" **!000** will be placed at the top of your address book as entry #1. This will be where the worm will start in an effort to send itself to all your friends. But when it tries to send itself to **!000**, it will be undeliverable because of the phony email address you entered (WormAlert). If the first attempt fails (which it will because of the phony address), the worm goes no further and your friends will not be infected.

Here's the second great advantage of this method. If an email cannot be delivered, you will be notified of this in your Inbox almost immediately. Hence, if you ever get an email telling you that an email addressed to WormAlert could not be delivered, you know right away that you have the worm virus in your system. You can then take appropriate measures to get rid of it.

I followed these instructions and am waiting to see if it really works. I hope I never find out. □

Character Counts

Michael Josephson

THREE REASONS NOT TO BE AFRAID

Fear is the wayward son of Prudence and Wisdom. In moderation, it can be a good thing warning us of dangers and inducing us to resist urges to be rash or reckless. The problem is that Fear has no perspective and it doesn't know when to stop. As a result, Fear and its children, Anxiety, Worry, and Dread, can grip us so tightly that they strangle our ability to get pleasure from our lives.

So it is with the individuals and companies who refuse to fly or buy and the people purchasing gas masks and antibiotics for anthrax. Though safety concerns are not groundless, the new security measures probably make airline travel safer than ever and the risks of chemical or germ warfare are very small. Here are three good reasons to refuse to be afraid:

First, it's irrational. This is such a huge country, with literally thousands of potential targets, the likelihood of any individual being victimized is akin to the chance of winning the lottery.

Second, such fear is useless. In the 1950s, the nation was so obsessed with an overblown fear of the atom bomb that every child was terrorized by "drop drills." The idea was that any teacher who spots a nuclear bomb mushroom out the window yells "drop" so all children curl under their desks. Aside from the unreality of the premise, the action would have been of no value had a bombing occurred.

Third, fear is endless. The world is full of everyday dangers far more likely than terrorism — drunk and reckless drivers; domestic criminals; heart attacks and stroke; and even food poisoning. Before we give up air travel we should give up driving and stay locked in our homes. And if we're going to be afraid, let's worry about alienated teenagers with rifles, road rage, nuclear power accidents, earthquakes, fires and floods. □

Michael Josephson is the founder of "Michael Josephson Institute of Ethics".

Short naps while driving will keep you from growing old.

SIG Formation

At the September club meeting a number of members signed up to join "Special Interest Groups - SIG" of their choice. Subsequently, at the Board of Directors meeting it was decided that the club workshops would become SIGs since their activities are the same. All SIGs will be meeting in the Crafts Room from 3:30 - 5:00 on Fridays as follows:



First Friday of each month, **basic computing**. *we need an instructor to replace Herb Sax. Chester Okerblom will teach the class in November.* Second Friday of each month, **e-mail and internet**. Third Friday of each month, **Word and Excel**. Fourth Friday of each month, **photo editing and graphics**.

The sessions are informal with many computers available for hands-on learning.

If you would like to expand your area of interest join a SIG by simply coming in at the designated date and time for your interest. □

Take a Screen Snapshot

1. To take a "snapshot" of your entire monitor screen, press the Print Screen key (to the right of the F 1 2 key). Then, go to Start, Programs, Accessories, and click on Paint. When the Paint program opens, click on Edit and Paste. After you have pasted your screen snapshot, go to File and click on Save As. Give the file a name and click Save to save your picture *file*.

2. If you only want a picture of the contents of one open window instead of your entire screen, hold down on the Alt key and then press the Print Screen key. Then, go to Start, Programs, Accessories, and click on Paint. When the Paint program opens, click on Edit and Paste. After you have pasted your screen snapshot, go to File and click on Save As. Give the file a name and click Save to save your picture file.

Taking a screen snapshot of an active window can be very handy when you need to save an error message for later reference. □

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Secretary's Message

By Marlene Bergman

Our President, Barry Robbins, brought the meeting to order. He reminded us that dues for 2002 are now due. He also reminded that we have classes in Basic Computing and Intermediate Word, which are being taught by a professional instructor. For our ongoing workshops see "SIG Formation" on page 11. Joe Lebovitz conducts a one on one question and answer period on the 1st, 3rd and 4th Mondays of each month from 10:00 to 12:00. Next Monday has been cancelled – a notice has been posted on the exit boards.

Jerry Moore shared the news that people from all over the world have visited our Website.

Barry spoke about the necessity for all of us to install anti-virus software on our computers. He made us aware that Costco has McAfee anti-virus software that is free with a \$40.00 rebate. It costs just \$39.95 plus tax.

Art Green announced that our election of officers will take place at our November meeting. Nominations thus far are as follows:

- President – Doug Harley and Don Yenche
- Vice President – Richard Jenkins
- Secretary – Bill Reinholtz
- Treasurer – Ralph Lazar

Additional nominations will be taken from the floor at the November meeting. All members are urged to attend.

We will also have, as our guest speaker, Rollin White who will give a presentation on "Junk Spy".

The December meeting will be our annual social and the January meeting will be "Ask the Experts" who are Jerry Moore, Doug Harley and Herb Sax.

Ralph Lazar submitted his Treasurer's Report.

Barry Robbins then introduced our speaker for the evening, Oscar Galis, who gave an excellent and informative presentation on 2CoolPC. He has invented a product that keeps all parts of the computer from overheating. This helps to avoid a multitude of problems. Barry presented Oscar and his assistant with a Computer Club T-shirt in appreciation of their presentation to the Palmia Computer Club.

Barry reminded us that our November and December meetings will be held on the third Thursday of the month in order to avoid a conflict with our holidays. Barry adjourned the meeting. □



Eliminating Spam With Outlook Express

Barry Robbins

Although you can download anti-spam software to help you fight off junk e-mail, you can eliminate quite a bit of it just by using Outlook Express. To see how this works, run Outlook Express and click File|Folder|New. In the Create Folder dialog box, click Local Folders, name your new folder "Spam," and click OK.

Next, choose Tools|Message Rules|Mail. Click New and then select the check box labeled "Where the To line contains people." Now, for the sake of simplicity, let's assume that you have only one e-mail address. Click "contains people" under "Rule Description."

Enter your e-mail address and click Add, and then click OK.

Select the check box labeled "Move it to the specified folder," click "Specified," and select the new folder named Spam. Then click OK. Back in Message Rules, click OK.

This works because most spam is not sent to an e-mail address. So, any e-mail that isn't sent to your address will get moved to the Spam folder. Don't delete the spam without looking since some commercial transactions also result in e-mail that doesn't contain the recipient's address. □

